Using triazolam to reduce dental anxiety

CW Berthold, A Schneider, and RA Dionne
Clinical Pharmacology Unit, National Institutes of Health, Bethesda, Md.

Triazolam, commonly prescribed to treat insomnia, also can be used to reduce dental anxiety. Despite controversial reports in the lay press, triazolam can be used safely at low doses for short periods. The authors review research concerning the drug’s safety and discuss its use in dentistry.